

Erica Dorsey

Elementary School Counselor

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M, W, F (mornings) @ Brayton

**T, Th, F (afternoon) @ Lincoln-
Hubbard**

**[https://edorsey.summit.k12.nj.u
s/](https://edorsey.summit.k12.nj.us/)**



CONFLICT

- Conflict is a disagreement
- Usually involves two people that want to resolve the conflict and have fun again.
- Usually happens on occasion
- Not usually serious or emotionally damaging to either party
- Students either come to a compromise or talk out a misunderstanding to resolve the conflict. We usually encourage students to try to work out conflicts on their own before we intervene.

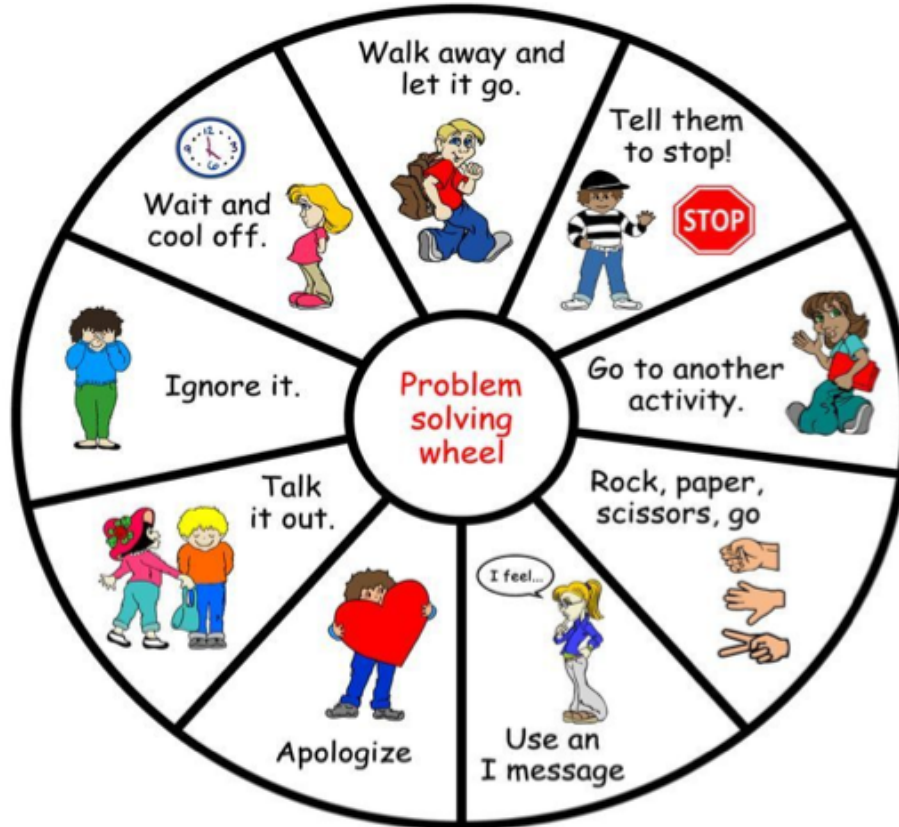
BULLYING

- Deliberate with the intention to hurt, insult, or threaten.
- Usually repeated and purposeful.
- Perceived as being motivated by a characteristic.
- Usually no remorse or attempt to resolve the situation.
- Interferes with the learning of students
- Requires an official investigation and intervention to change the bullying behavior.

WHY DOES CONFLICT HAPPEN?

- Misunderstandings
- Teasing
- Disagreements
- Sharing Secrets
- Friendship Changes

What can I do?



HOW CAN WE HELP?

1. Validate students feelings.

- I'm really sorry to hear that you are having trouble with your friend(s).
Would you like to talk about it?

2. Share similar experiences to help students to not feel alone and realize that conflict with friends is normal.

HOW CAN WE HELP?

3. Ask questions.

- Why do you think this happened?
- How do you feel about that?
- Have you both talked about it?
- How do you think your friend is feeling?
- What do you think you can do to make it better and work it out?

HOW CAN WE HELP?

4. Encourage students to talk it out (face to face).

- Holding on to bad feelings and not sharing them can be very hurtful friendships.
- May lead to students taking frustrations out in non-productive ways.
- Remind students to speak in private, watch their tone of voice, and to also listen to their friends feelings.
- I-Messages

“I Message”

I feel _____

(Tell the other person how you feel.)

When _____

(Describe the event that caused your feelings. Be specific!)

Please _____

(Tell what you would like to happen in the future.)

HERE AT BRAYTON

- Kindness Focus
- 1 & 2 Grade Book Club
- 3-5 Grade Kindness Club
- Kindness Challenge
- Grit
- Character Education

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